

**Hudson River to the Adirondack Mountains Bus Trip
September 16- 21, 2018**

**NatureStabler Explorations
York Audubon Society**

Tentative Schedule:

Sunday, September 16:

1:00 Leave York PA

Leave Lancaster PA

Meet "Conrad Weiser" from History Alive (Sent to live among the Mohawk for a year)

Portrayed by Richard Pawlings

Supper - Clinton Station Diner, Clinton, NJ

Comfort Inn & Suites, Middletown, NY

Monday, September 17:

Breakfast @ Comfort Inn & Suites

Load Bus

Sail on the Clearwater, learn about the Hudson Estuary

Box Lunch

- Choices:
1. Climb Mt Beacon
 2. Explore the community of Beacon

Saratoga Spa State Park, Saratoga Springs, NY

Supper – Panara Bread, Saratoga Springs, NY

Garnet Hill Lodge, North River, NY

Tuesday, September 18:

Breakfast @ Garnet Hill Lodge

- Choices:
1. Rafting through the Hudson Gorge (only way to see it!) extra fee \$55
With Adirondack Adventures
 2. Adirondack Experience – best museum in northern NY, extra fee \$17.50
 3. Hike, Bike, Canoe, Sit, Read, Bird – at Garnett Hill Lodge, included w/ room

Box Lunch: Garnet Hill Lodge

Supper – Garnet Hill Lodge

Campfire & Star gazing – Garnet Hill Lodge fire pit

Wednesday, September 19:

Breakfast @ Garnet Hill Lodge

Load bus

- Choices:
1. Albany Pine Bush Preserve, Albany NY
 2. Albany Institute of History & Art, Albany NY , extra fee \$10
 3. Explore downtown Albany near the Institute of History & Art

Box Lunch: Garnet Hill Lodge

Thomas Cole National Historic Site, Catskill, NY – tour, learn about Hudson River School of Art and the truly American style of painting that enabled artists to influence lawmakers to make national parks

Follow the Hudson River School of Art Trail – views that inspired the painters and paintings

Hike to Kaaterskill Falls, Bastion Falls or sit and relax at its base.

Explore Kingston, NY with supper on own

Holiday Inn Express – Kingston, NY

Thursday, September 20:

Breakfast at Holiday Inn Express

Olana State Historic Site, Hudson, NY – includes grounds and tour of house

Lunch – picnic at Olana

- Innisfree Gardens, Millbrook, NY
- Choice:
1. Exploration on own
 2. Sign up for a tour, extra \$9

Walkway Over the Hudson River State Historic Site, Poughkeepsie, NY

Supper – TBD Kingston, Woodstock, or Poughkeepsie, NY

Holiday Inn Express – Kingston, NY

Friday, September 21:

Breakfast @ Holiday Inn Express

Load Bus

- Choice:
1. Constitution Marsh Audubon Important Bird Area, Cold Spring, NY
(long rough walk)
 2. Stonecrop Garden, Cold Spring, NY extra \$5

Lunch: en route

4:30 pm targeted return to York, PA

